

An Equal Opportunity Employer
Upsala Area Schools

**Independent School District No. 487
415 South Main Street
Upsala, MN 56384**

Serving . . . The Elmdale, St. Francis, and Upsala Area

Nick Klug
K-12 Dean of Students
Elementary: 320-573-2175

Vern Capelle
Superintendent/Principal of Schools
District Office: 320-573-2174
Fax: 320-573-2175

Colleen Harren
Head Bookkeeper
High School: 320-573-2175

Dear Parent/Guardian:

Our school provides healthy meals each day. Breakfast is free to all students. Lunch costs \$2.15 for elementary students and \$2.30 for High School students.

Your children may qualify for free or reduced-price school meals. To apply, complete the enclosed Application for Educational Benefits following the instructions. A new application must be submitted each year. At public schools, your application also helps the school qualify for education funds and discounts.

State funds help to pay for reduced-price school meals, so all students who are approved for either free or reduced-price school meals will receive school meals at no charge. State funds also help to pay for breakfasts for kindergarten students, so all participating kindergarten students will receive breakfasts at no charge.

Students attending schools that participate in the Community Eligibility Provision, Provision 2 or Provision 3 will receive school meals at no charge without an application. However, at public schools, a completed application is still needed to help the school qualify for education funds and discounts.

Return your completed Application for Educational Benefits to:
Upsala Area Schools, PO Box 190, Upsala, MN 56384

Who can get free school meals? Children in households participating in the Supplemental Nutrition Assistance Program (SNAP), Minnesota Family Investment Program (MFIP) or Food Distribution Program on Indian Reservations (FDPIR), and foster, homeless, migrant and runaway children can get free school meals without reporting household income. Also, children can get free school meals if their household income is within the maximum income shown for their household size.

I get WIC. Can my children get free school meals? Children in households participating in WIC may be eligible for free school meals. Please fill out an application.

May I apply if someone in my household is not a U.S. citizen? Yes. You or your children do not have to be U.S. citizens for your children to qualify for free or reduced-price school meals.

Who should I include as household members? Include yourself and all other people living in the household, related or not (such as grandparents, other relatives, or friends).

What if my income is not always the same? List the amount that you normally get. If you normally get overtime, include it, but not if you get overtime only sometimes.

Will the information I give be checked? Yes, and we may also ask you to send written proof.

How will the information be kept? Information you provide on the form, and your child's approval status for school meal benefits, will be protected as private data. Your child's approval status for school meal benefits may be shared with other nutrition, education or health programs that offer benefits based on approval for school meals – for more information see the back page of the Application for Educational Benefits. Let us know if you do not want your information shared for benefits from other programs.

If you have other questions or need help, call Sherry Soltis at (320) 573-2174 Ext. 103.

Sincerely,



Vern Capelle
Superintendent/Principal

Positive Attitudes Create Excellence